APPOINTMENTS

Appointments may be made by calling the University Counseling Center at 524-5939 or coming to the office in person. Appointments will be scheduled as soon as possible, depending on the urgency of the situation and staff availability. In most cases, we can offer appointments within a week of the initial request, although it may be longer during periods of high demand. If appropriate, a student may be referred to other sources of help after an initial evaluation.

Walk-in Policy

A counselor is available each day during regular hours to handle concerns on a first come/first served basis. It is often possible to see a counselor with a short wait time. However, students are encouraged to work with your counselor to schedule any follow-up visits.

OFFICE HOURS
MONDAY—FRIDAY
8:30 am - 5:00 pm

OTHER CAMPUS RESOURCES

Career Services 524-5211
Academic Support 524-6755
Campus Ministry 524-5412
Student Support 524-5812
Judicial Affairs 524-5866
Health Services 524-5711
Campus Police 524-5360
(Emergency only) 524-5411
VSU Crisis Line 524-5001

MAILING ADDRESS
Virginia State University
University Counseling Center
P.O. Box 9172
Petersburg, VA 23806

Telephone: (804) 524-5939/524-5061
Fax: (804) 524-5978
TDD (804) 524-5838

SEEKING HELP—FINDING HOPE

UNIVERSITY COUNSELING CENTER

MEMORIAL HALL, 4TH FLOOR
LEE STREET

(804) 524-5939/524-5061
The University Counseling Center strives to provide a holistic array of counseling services for Virginia State University students.

Eligibility
All currently enrolled VSU students are eligible for the entire range of counseling services.

Fee for Services
Counseling services are free of charge to VSU students.

Confidentiality
The staff within the counseling center value the privacy of all clients and does not release information without the student’s written permission, except in cases of imminent danger to self or others, child/elderly abuse, court order, or otherwise required by law. Counseling records are not part of academic records and no one has access to them except the staff of the University Counseling Center.

COUNSELING SERVICES

- Anger Management
- Assistive Technology Training
- Consultation and Referral
- Crisis Intervention
- Depression, Anxiety, Home Sickness
- Family Problems
- Grief Counseling
- Individual and Group Counseling
- Personal Growth
- Relationship Issues
- Sexual Assault
- Study & Test Taking Skills
- Substance Abuse
- Transition Issues for College Students

The UCC houses four specialized services:

- Sexual Assault Program provides on-campus supportive counseling and off campus community resources. 24-hour help lines available.
- Substance Abuse Program focuses on issues associated with alcohol use/abuse. Services include interactive alcohol program for those administratively and judicially referred.
- Students with Disabilities Program provides reasonable accommodations and requires documentation of disability from a qualified professional. Offers state of the art assistive technology.
- Peers Empowering Peers is a mentoring program that primarily serves incoming freshmen to ease the transition into university life and improve retention.

STAFF
The UCC professional staff includes professional counselors, clinical social workers, consulting psychiatrist, health educator, disability coordinator, qualified administrative and support staff.